

pl. Bankowy 3/5, room 127, 00-950 Warszawa phone +48 22 443 10 14, +48 22 443 10 15 sekretariat.prabiej@um.warszawa.pl, www.e-warsaw.pl

## WARSAW'S PLEDGE TO THE EUROPEAN PILLAR OF SOCIAL RIGHTS

A socially stronger Europe means a Europe of active citizens, inclusive metropolises, and welcoming places for all. Warsaw is a city where all citizens feel welcome, regardless of their birthplace and their views. In the years to come, we are going to focus on the city's development, and by that we mean taking care of its citizens and improving their quality of life. Everyone who lives in Warsaw should seize the opportunities offered by the capital city. This includes those vulnerable in our community, whom we must provide with better living conditions. We are guided by two fundamental goals: investing for and in the residents of Warsaw.

## Commitment to principle 18 - Long-term care

The increasing life expectancy and the continuously growing numbers of elderly citizens in Warsaw has prompted the city to make the development of an elderly care system one of its top social policy priorities. In 2019, the number of Warsaw citizens over 60 is going to exceed 480,000, which means that they will make up a quarter of the city's population.

The efforts by the City to encourage social activity and integration among senior citizens are based on cooperation with this group of the population. The Senior Citizens' Councils are an important voice in monitoring, evaluating and initiating measures for senior citizens. Supporting Universities of the Third Age allows to establish a structure which helps the elderly members of the community to expand their knowledge and skills, and continue to pursue their passions and hobbies. Between 2019 and 2022, we are planning to maintain cooperation with 19 Senior Citizens' Councils and provide financial support to 21 universities run by non-governmental organisations.

In addition to stimulating social activity, it is crucial to establish appropriate channels for communication. By 2022 we are going to expand the existing sources of information on what the city has to offer to senior citizens. In addition, we are going to support the organisation of promotional and informational events aiming to promote active seniority. These events provide a fantastic opportunity to present the achievements of seniors who actively engage with various entities and NGOs.

Promoting independence in the elderly is yet another goal set by Warsaw as part of its senior policy. By 2022, we are going to set up two innovative systems using new technologies to support care services provided at home and in nursing homes. These solutions will enable the elderly to extend their independence, regardless of where they live. The "E-care" system aims to support elderly citizens at home, as well as social workers, carers and families. It will allow to integrate existing information about the person under care and the care services this person uses. The "E-care" system will allow us to monitor and assess the quality of these services. This will be made possible by a 24/7 support centre providing tele-services and tele-care. The

support centre will be made available to a group of approximately 7,000 elderly persons. The measures carried out by the City to promote independence in seniors will also

include establishing new day support centres. Currently, over 1,400 senior citizens receive support and services from the city's 25 district and municipal day support centres. We are planning to add five more such facilities to our resource to increase the total number of places to 2000.

Paweł Rabiei